

Remember the Childnet International's  
**'5 Smart Rules'**  
 for staying safe when using the internet  
 and mobile phones.



**Be smart on the internet**

**S SAFE** Keep safe by being careful not to give out personal information when chatting or posting online. Personal information includes your email address, phone number and password.

**M MEETING** Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present. Remember online friends are still strangers even if you have been talking to them for a long time.

**A ACCEPTING** Accepting emails, text messages or photos from people you don't know or trust can lead to problems - they may contain viruses or nasty messages!

**R RELIABLE** Someone online might lie about who they are, and information on the internet may not be true. Always check information with other websites, books or someone who knows.

**T TELL** Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online. You can report online abuse to the police at [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

[www.kidsmart.org.uk](http://www.kidsmart.org.uk)


KidSMART



**TELL SOMEONE...**

...if you are worried or feel uncomfortable about something that has happened online.

You can also visit our school website below and click on the CEOP button to report online bullying.



Please visit the CEOP website for advice, help and to report concerns about websites and their content, including online bullying.

CEOP has sections for young people, parents and carers and those who work with children. In cases of real emergency where you need immediate help please call 999 or your local police station [here](#).

[CEOP website](#)

Parents...Learn more about e-Safety and access safeguarding links on our [e-Safety page](#)

**SCHOOL CONTACT DETAILS**

For more information please visit our website at [sacredheartgateshead.org](http://sacredheartgateshead.org)

Sacred Heart Catholic Primary School

Telephone  
 01207 270396

Email Us

[sacredheartgateshead@stthomasmore.org.uk](mailto:sacredheartgateshead@stthomasmore.org.uk)

**Sacred Heart  
 Catholic  
 Primary  
 School**



**Internet  
 Safety  
 Charter**



# Sacred Heart Catholic Primary School



## INTERNET SAFETY CHARTER

Dear Parent/Carer

IT including the internet, email, laptops, digital cameras etc has become an important part of learning in our school. We expect all children to be safe and responsible when using any IT. Please discuss these eSafety rules with your child and sign the declaration/s below. If you have any concerns, please contact the school.

1. I will only use IT in school for school purposes and only when supervised by an adult.
2. I know that my use of IT can be checked and that my parent/ carer contacted if a member of school staff is concerned about my eSafety.
3. I will make sure that all IT contacts with other children and adults are responsible.
4. I will not deliberately look for, save or send anything that could be unpleasant or nasty. If I accidentally find anything like this I will turn off my monitor and tell my teacher immediately.
5. I will not send to children or adults anything that could be considered unpleasant or nasty.
6. I will not give out my own details such as my name, phone number or home address.
7. I will never arrange to meet anyone in person.
8. I will be responsible for my behaviour when using IT because I know that these rules are to keep me safe.
9. If I ever feel upset, uncomfortable or worried when using IT I promise to tell a grown up.

### eSafety Agreement

Name of child .....

Class.....

We have discussed this and my child agrees to follow the eSafety rules and to support the safe use of IT at Sacred Heart Catholic Primary School.

Parent/ Carer Signature

.....Date.....



Child Signature

.....Date.....



(Written by the School Council 2014-2015)

